

Dolce, a sock pattern by Sheryl Greenfield



Dolce is a musical term which means “sweetly and lightly” and I thought it a good name for the pattern too – I wanted something light and lacy, with some sweet wee details. So I have included a slip stitch heel and reverse stocking stitch gusset which add to the beauty of the pattern.

Gauge: 8 sts per inch on 2.5mm needles using 4 ply sock yarn

Lace Pattern:

Row 1: (k2, p1, yon, k2togtbl, p1) repeat to end

Row 2: (k2, p1) repeat to end

Row 3: (k2, p1, k2tog, yfon, p1) repeat to end

Row 4: (K2, p1) repeat to end

Abbreviations:

Yon - yarn over needle – put yarn back over the needle as if to knit and then wrap once, leaving yarn in ‘knit’ position.

Yfon – yarn forward over needle – put yarn forward as if to purl and then wrap once around the needle, leaving the yarn in ‘purl’ position.

K2tog – knit two stitches together

K2togtbl – knit two stitches together through the back loop rather than through the front of the stitch.

Ssk – Slip two stitches to right needle and then knit them together

Pssso – pass the slipped stitch over



Cast on 66 stitches and work 10 rows in 1×1 rib, then work in lace pattern for 15 repeats, arranging the stitches as follows:
needle 1 30 stitches, needle 2, 36 stitches

Then:

Turn work and purl across 34 stitches, slip final two stitches from needle 2 to needle 1.

Work these 34 stitches as follows:

Row 1: (s1, k1) repeat to end

Row 2: s1, purl to end

Work 35 rows total in this pattern and then proceed to heel turn.

Heel Turn:

Row 1: Knit 19, ssk k1 turn

Row 2: Purl 5 P2 tog. P1 turn

Row 3: Knit to one stitch before gap, ssk, k1 turn

Row 4: Purl to one stitch before gap, p2 tog, turn

Repeat Rows 3 and 4 until all stitches have been worked, then proceed to gusset section.

Gusset:

Knit across all stitches on the needle then pick up stitches along side of heel flap, picking up one stitch for each slipped stitch and one in the gap between needle 1 and 2.

Knit in pattern across needle 1 and then pick up sts along side of heel flap, picking up one stitch between the front and heel flap and one for each slipped stitch.

Knit across the instep stitches until 12 stitches before the end of needle. Place stitch marker. Purl the final 12 sts before end of needle. Knit in pattern across needle one, place stitch marker. Purl 12 sts, place stitch marker and then knit to end of round. (These directions assume 60 stitches total for the instep section. If you have more or less, adjust the number of purled stitches so that you will end up with 36 instep stitches)

Decrease round: Knit to first stitch marker, purl to last 2 stitches of needle 2, k2tog, work across lace panel in pattern, p2tog, purl to stitch marker, Knit to end of round.

Alternate decrease round with a round knit in this pattern: Knit to first stitch marker, purl to end of needle. Knit in pattern to stitch marker, purl to next stitch marker, knit to end of round.

Continue to alternate these two rounds until all purl stitches have been decreased. Arrange stitches so that all the instep stitches are all on needle 2 and pattern stitches are all on needle 1. Work even until foot is 2 inches shorter than desired length, and then work toe decreases.

Work toe decreases as follows: Needle 1: K 1, ssk, knit to last 3 sts, k2tog, k1, repeat for needle 2.

Work one round even

Alternate until 24 sts remain, then graft remaining stitches. Sew in ends.



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