



# Impact report

## November 2025

**KIDS OF**  
**UKRAINE**

# Data for the month of November

For the period November 1-30, 2025\*

In November, there were **1995 visits** to our activities



**60**

Group sessions  
with psychologists



**23**

Hours of individual  
psychological sessions



**27**

Creative  
workshops



**34**

Educational trainings  
on important topics



**19**

Excursions, sports,  
and team games



**30**

English Lessons  
and Speaking Clubs

*\*Data on the activities of the "SviTY" spaces in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr*



# November in Lviv

## Taking a Step into IT: Generation Tech Course for Teens

14 participants of the SviTY program completed the practical Generation Tech course delivered by SoftServe. The course was aimed at career guidance and introducing teenagers to the IT sector. Participants explored the basics of programming and web development, worked on projects, and presented their first websites. The sessions helped participants see IT as a realistic career choice, identify their strengths, and shape an understanding of future professional paths. Each task fostered teamwork, critical thinking, and presentation skills. We are deeply grateful to the mentors for their support and for helping unlock the potential of every participant.



## Workshop on Financial Literacy

Participants and their parents took part in a financial literacy workshop led by specialists from Credit Agricole Bank. The session focused on modern online risks and the role of parents in supporting their children. The practical format provided participants with tools for safe behavior in the digital environment and helped them feel more confident navigating online challenges.



# November in Cherkasy

## Meeting with SviTY Participants from Lviv

On November 5, the Cherkasy center team visited Lviv and spent a day together with participants of the SviTY program in Lviv. Teenagers enjoyed meaningful time together, got to know each other, created their own unique tote bags, and shared personal stories. This meeting became a valuable opportunity to experience unity and mutual support. Despite coming from different cities, participants felt part of one large community. The shared day helped build communication, openness, and trust among teenagers from different regions.



## Media Literacy Forum and Debate Tournament

Teenagers took part in the All-Ukrainian Info TeenUA Forum in Lviv. Six participants, accompanied by the center coordinator, represented the SviTY center at the forum. They discussed critical thinking and media literacy and applied their spoken English skills while communicating with international experts. The team also participated in an All-Ukrainian debate tournament, where they demonstrated a high level of cohesion, teamwork, and confidence in their arguments, earning first place. The forum provided an opportunity to experience the value of cooperation and knowledge exchange within true interregional teams.



# November in Khmelnytskyi

## Children's Rights Day and World Children's Day at SviTY

We spoke with teenagers about their rights in a simple, clear, and practical way. There were no boring lectures — only live discussion and real-life scenarios. Our expert speakers were representatives of the Ombudsman's Office and Juvenile Police, who explained how to act if children's rights are violated and where to seek support. We also held an interactive activity on children's rights, allowing participants to test their knowledge, discover important new information, and clearly remember what rights they have under the law. The meeting concluded with informal communication and small gifts.



## Round Table for Educators

A round table discussion for social educators from local schools was held at the Khmelnytskyi center on the topic "Psychosocial Support for Children Affected by War." Participants discussed practical approaches to supporting children's emotional well-being, developing resilience, and creating safe environments. Educators learned about the foundation's work and the SviTY center's activities, received examples of effective methods, and exchanged experiences on supporting students in crisis situations.



# November in Zhytomyr

## Art Workshop “Relaxing with Colors”

In November, participants created autumn landscapes and bird illustrations while developing focus, mindfulness, and emotional resilience. Painting helped them feel a sense of control, reduce anxiety, process emotions, and restore inner resources. The workshop space encouraged creativity without fear of judgment, fostering patience, attentiveness, and a sense of harmony and inner calm.



## Training “Hygge Mood: Light Within You”

In a Hygge-inspired format, participants learned how to create coziness and inner peace even in chaotic circumstances. Relaxation practices, breathing exercises, mindfulness, and grounding techniques helped them form personal “rituals of calm” that can be used daily. An atmosphere of acceptance allowed teenagers to openly share emotions, feel group support, and gain valuable experience in caring for their mental health.



# Thank You!



## Ways you can help us:



### Tell others about us

Share information about our activities so that more people can learn about our project.



### Support Ukraine Day

Make a day of support for Ukraine in your organisation. Help others learn about the project you support and why you care.



### Subscribe to our pages

You can feel and see our atmosphere on our social media pages:

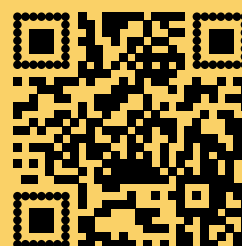
- 📍 [instagram.com/svity.lviv](https://www.instagram.com/svity.lviv)
- 🌐 [linkedin.com/company/kids-of-ukraine](https://www.linkedin.com/company/kids-of-ukraine)
- 🌐 [kidsofua.org](https://www.kidsofua.org)
- 📘 [facebook.com/Kidsofua](https://www.facebook.com/Kidsofua)



### Support

Our activities are made possible by the financial support of donors, partners and friends. The cost of the program for one child is 350\$-400\$.

We are grateful for any support.



[kidsofua.org/support](https://www.kidsofua.org/support)