



Impact report

October 2025

Data for the month of October

For the period October 1-31, 2025*

In October, there were **2147 visits** to our activities



52

Group sessions
with psychologists



33

Hours of individual
psychological sessions



34

Creative
workshops



14

Educational trainings
on important topics



40

Excursions, sports,
and team games



32

English Lessons
and Speaking Clubs

**Data on the activities of the "SviTY" spaces in Lviv, Cherkasy, Khmelnytskyi and Zhytomyr*



October in Lviv

SviTYrun Charity Run

On October 18, 2025, a charity run took place in Lviv in support of the SviTY program for adolescents affected by the war. Over 100 participants took part, inspiring those around them with their energy and commitment to run for change. The event was professionally coordinated by the organizers, and partners supported it with gifts and resources that made it even more special.



Thanks to the participation and charitable contributions, 63,626 UAH was raised. All funds will be directed to support the SviTY program in Lviv, Cherkasy, Khmelnytskyi, and Zhytomyr. We are deeply grateful for the support of adolescents!



October in Lviv

Energy Bars for the Armed Forces of Ukraine

Together with the Wind of Hope Charitable Foundation, SviTY participants prepared energy bars for Ukrainian defenders. Initiatives like this help adolescents understand that even small, concrete actions can have a significant impact on the lives of others. Working together on meaningful projects fosters a sense of unity and mutual support.



“Secrets of Rynok Square” Excursion

SviTY participants embarked on a quest through Lviv to discover hidden symbols, sculptures, and ornaments of the historic buildings at Rynok Square. Teams collaborated, searched for clues, and worked together, refining observation skills, teamwork, and strategic thinking.

The conclusion of the quest brought the joy of victory — the winning team received prizes, and all participants enjoyed sweet Lviv chocolates. This format combines learning with play, allows participants to explore the city’s history through personal experience, and fosters a spirit of collaboration and community.



October in Cherkasy

Quest: “In Search of the Longwing”

In October, the quest “In Search of the Longwing” combined adventure with the development of communication and media literacy skills. Participants worked in teams, learning to interact effectively and make quick decisions. Especially valuable was seeing that children not only wanted to participate but also help others: many had completed the quest as participants last year and now became volunteers, supporting new participants with tasks. This demonstrates that young people not only receive support but actively strive to act, help each other, and create positive change in their communities.



Level Up: Boys vs. Girls

October also featured the game tournament “Girls vs. Boys.” Participants took part in contests, relay races, and team competitions combining fun, excitement, and teamwork. The event promoted collaboration, healthy competition, and social skills. The high-energy, positive atmosphere strengthened friendships among participants and enhanced their sense of community.



October in Khmelnytskyi

Glass Painting Masterclass

In October, SviTY participants joined a glass painting masterclass. Children created their own vibrant artworks and compositions, inspired by the works of the legendary Ukrainian artist Maria Prymachenko. The session developed artistic skills, creativity, and attention to detail. At the same time, participants learned to express ideas visually, cultivating patience and aesthetic perception. For inspiration, the youth visited Roman Minin's exhibition "The Myth of Miners: A Retrospective," exploring complex imagery and symbolism in contemporary art. This experience allowed deeper engagement with artistic practice and encouraged reflection on creativity and culture.



Excursion to Ancient Ostroh

Participants explored historical sites, including Ostroh Castle, the Museum of Printing and Books, and Ostroh Academy. Combining history with active engagement allowed them to feel the connection between the past and youthful energy. During the excursion, children not only listened to guides but also participated in psychological exercises: with a specialist, they practiced the "Releasing Emotions" activity, which helped process and express feelings through movement and voice. The day was filled with new knowledge, discoveries, and positive emotions, fostering teamwork and a sense of community.



October in Zhytomyr

Training: “Life Without Scars: Finding Strength Within”

This training focused on preventing self-harming behaviors and supporting the emotional well-being of SviTY participants. Adolescents often face strong emotional fluctuations, feelings of loneliness, and helplessness at this stage of life. The session helped participants recognize their emotions and learn safe ways to express them.

Children practiced breathing exercises, stress-relief techniques, and body-soothing methods, which aid in managing anxiety, tension, and anger. They also received practical self-help tools to develop resilience, self-acceptance, and an appreciation for life. Such sessions lay the foundation for emotional maturity and mental health.



Self-Defense Training

During the self-defense training, participants developed confidence, self-control, and safe behavior skills. Exercises and practical scenarios taught them to assess risks, remain calm under stress, and understand that true strength lies not in aggression but in the ability to protect oneself without conflict. This experience supports the development of emotional resilience, a sense of safety, and personal responsibility.



Thank You!



Ways you can help us:



Tell others about us

Share information about our activities so that more people can learn about our project.



Support Ukraine Day

Make a day of support for Ukraine in your organisation. Help others learn about the project you support and why you care.



Subscribe to our pages

You can feel and see our atmosphere on our social media pages:

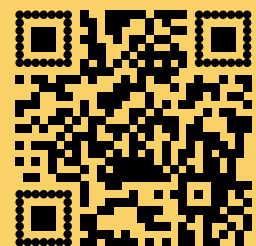
- 📍 [instagram.com/svity.lviv](https://www.instagram.com/svity.lviv)
- 🌐 [linkedin.com/company/kids-of-ukraine](https://www.linkedin.com/company/kids-of-ukraine)
- 🌐 [kidsofua.org](https://www.kidsofua.org)
- 📘 [facebook.com/Kidsofua](https://www.facebook.com/Kidsofua)



Support

Our activities are made possible by the financial support of donors, partners and friends. The cost of the program for one child is 350\$-400\$.

We are grateful for any support.



[kidsofua.org/support](https://www.kidsofua.org/support)